

Approved: \_\_\_\_\_  
Approved with changes: \_\_\_\_\_  
Unapproved: \_\_\_\_\_

**Effingham Planning Board**  
**Green Mountain Treatment Center**  
**September 22, 2016**

**Members Present:** Paul Potter, Gary Jewell, Mike Cahalane, George Bull, Joanna Bull, Tom Thompson (A)

**Members Absent:** Theresa Swanick, Len Espie

**Others Present:** Dianne Park, Tom Hart-Effingham Zoning Board of Adjustment, Russell Bebe-Green Mountain Treatment Center, Curt Maddon-Chief Operating Officer, Green Mountain Treatment Center

Meeting started at 5:30pm with Curt Maddon, Chief Operating Officer for Green Mountain Treatment Center (GMTC) introducing himself and Russell Bebe. Curt gave background information on himself and GMTC. GMTC is a treatment center for drug and alcohol recovery and is licensed with the Department of Health and Human Services (DHHS). They have a 15 year lease of the property. Curt emphasized that all Lakeview business is gone from the property. They have use of the whole property (except for 1 house) and all their facility is inside the gates.

GMTC is for adults 18 years of age and older and patients must have insurance to be admitted. GMTC does not take Medicare or Medicaid, just private insurance. All treatment is inpatient only with no day treatment patients. Patients are at the facility from admission until discharge. All patients are non-violent and the facility does not accept patients that have a violent criminal history. Any patient that threatens or becomes violent is discharged. No client needing 'guarding' can be there.

GMTC will not help with any legal issues clients might have and is not a court ordered situation. Patients are at the facility willingly. Clients do not come and go without staff members (ex. swimming or hiking) and no patient will leave without having someplace next to go. Upon discharge the facility delivers each patient to their next stop. (Ex. With family, another hospital or treatment center).

Lakeview had 1 patient per staff member and GMTC has 3 patients per staff member. The Detox Program is licensed but not in operation yet. Curt stressed that this is a family disease and in the future there will be a 3-4 day intensive family program but this will probably not be at this facility.

George asked what happens if the programs at GMTC start out one way but end up someplace totally different. Further asking what happens if patients do not want to be here, the town does not want the facility to end up acting as the criminal justice system. If that happens the town wants recourse. Curt answered by saying that is not what this facility is about and emphasized

Approved: \_\_\_\_\_  
Approved with changes: \_\_\_\_\_  
Unapproved: \_\_\_\_\_

again that clients are not locked into this facility and must be willing to participate stating that a client can leave anytime they wish. Curt further stated that GMTC is not Lakeview and they are not falling into that category.

Mike had questions that Curt answered.

- *Does anybody or another company have use of any part of this facility?* -- No
- *Who are the owners and lease holders?* -- Owners are Lakeview LLC and lease holders are GMTC LLC
- *What are the maximum number of employees?* -- 90 when all beds are open. All buildings have been remodeled and inspected.
- *Outside security?* -- There are no 'security personnel' but the 2<sup>nd</sup> and 3<sup>rd</sup> shift employees have security training. The grounds and buildings have a camera system.
- *Is there any non-employee traffic?* -- No, family visits are every Sunday for 4 hours. Visitors must park in a designated area and all belongings (cell phones, purses etc.) are not allowed.
- *Do you have anything to do with Whitehorse Treatment & Addiction Center of Ossipee?* -- No, but our employees have taken accredited classes with them.
- *What is the average length of stay?* -- Roughly 34 days but length of stay is based on progress not days. This is a self-motivated program that is all voluntary. The program is based on the 12 step recovery principles and progress is a 1-5 step process. An aftercare plan is written for each client and family based on what they can afford.
- *Who refers patients?* -- Our marketing department, drug courts, physicians, or people find us on the internet.
- *Where are your clients from?* -- Mostly from New Hampshire, Maine, Massachusetts and Pennsylvania.
- *Is there an advantage, for a client, to locate a treatment center far away from where he lives?*  
-- Yes and no, the farther distance from their home seems to be advantageous to their treatment.
- *Are you affiliated with any local hotels?* -- There is never a need for family members to be in the area of treatment unless it's for a Sunday visit. Wolfboro Inn
- *Is there anything the town can do for you?* -- GMTC wants to be good neighbors and it's important to keep the dialogue open between the town and GMTC. Just meet us half way and we'll do the same. Get to know us. Curt then invited anyone wishing to sit through a group

Approved: \_\_\_\_\_  
Approved with changes: \_\_\_\_\_  
Unapproved: \_\_\_\_\_

therapy session or just come for lunch to let him know. Mike said that everybody deserves a chance to do their job and appreciates how GMTC has tried to make friends with the neighbors.

- *Suggestions Planning Board can do for you?* -- Joanna invited Curt to come to a planning board meeting

### **Tour of Facility**

#### **Detox Facility**

- 2 people per room/160 square feet
- hallways have cameras
- separate treatments for men and woman/never intermingle
- great room (couches, tv, tables etc.)
- cafeteria
- gym (yoga, karate)
- Curt will email program description of services and schedule to Joanna

The board thanked Curt and Russell for their hospitality and the meeting ended at 7:24pm.