



P.O. Box 487 - 68 Route 16B Center Ossipee, NH 03814. Phone: 603-651-1441

November 10, 2017

Claudia Lamphier, Town Administrator 68 School Street, Effingham, NH 03882 603-539-7770

Dear Ms. Lamphier:

White Horse Addiction Center, Inc. is located in Center Ossipee, NH. We are a nonprofit organization dedicated to helping people with substance use disorders (SUD) through offering prevention, treatment and recovery services. We provide evidence based programs, community training and support, case management and recovery resources to citizens of Carroll County as well as others in the state. The Carroll County Community is intricately connected. We need to be united in ending overdoses. If one member is using drugs, others in the community are affected as well. This year we serviced 4 services.

Throughout the past 5 years, New Hampshire saw a 191% increase in drug overdoses. According to a National Survey on Drug Use and Health, a statistically greater proportion of NH residents, in all age categories, reported using alcohol in the past month compared with United States residents. The age group with the largest number of drug overdose deaths is 30-39 which represents 29% of all overdose deaths for 2017 and 20% between ages 20-29. The NH Attorney General's Office reported, as of July 12, 2017, there have been 10 deaths related to the use of Carfentanil. As of Aug 15, 2017, there are 187 confirmed deaths from drug overdoses in NH and 109 cases pending for 2017. Between Aug 19-25, American Medical Response and Manchester Fire have responded to over 40 non-fatal overdoses. "We just believe there is a lot of product and there is a lot of demand that's driving it," said Chris Stawasz, the regional director of the American Medical Response team.

We are requesting \$5,000. We would use this funding to provide clients with educational materials, recovery resources and other needed materials for their growth and well being. Because we are a non profit and we provide care regardless of the clients ability to pay, we do not have the funds to provide curriculum, books, and other materials for these clients to take home or view while at our facility. This funding will assist them by increasing their knowledge and help with their recovery.

Our goal at White Horse Addiction Center is to eventually have a full continuum of care (Medical Detoxification, 28 Day Treatment Program, Outpatient Therapy Programs, Low Intensity Residential, Sober Living, Industries for clients to work in and Recovery Resource Center) for those struggling with substance use disorders. In 2016, White Horse recorded approximately 75-150 client visits. Data was not as reliable, since we did not have the staff to record this. However, we currently support approximately 70 client visits a week in our outpatient. Our store offers low to no income community members and clients the ability to have daily necessities they could not otherwise afford. Our recovery center has full time staff dedicated to help people stay free from drugs. The need for SUD services is great and we are providing this, regardless of ability to pay. We hope to provide all the services necessary to end this battle. Narcan has helped revive those who have overdosed, however, the number of revivals is great and these folks need our services.

Thank you for your time and consideration.

Sincerely,

Suzanne L. Thistle, MA, MLADC

VP/Executive Director

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